# San Radiology & Nuclear Medicine Nuclear Medicine and

**BMD/DEXA Request** 

Please scan here to request an appointment



### SYDNEY ADVENTIST HOSPITAL

185 Fox Valley Rd, Wahroonga NSW 2076

Nuclear Medicine		
Level 3, San Clinic Suite 306		
E: nmadmin@sah.org.au		

BMD/DEXA Radiology Level 3, Tulloch Building E: radiology@sah.org.au

Patient Name:	D.O.B:			
Address:	Postcode:			
Phone: Mobile:	MRN:			
Is this patient part of a Clinical Trial? 🗌 Yes 🔲 No. If yes, Name of trial				
NUCLEAR MEDICINE EXAMINATION REQUIRED:         Bone Scan       Lymphoscintigraphy         Cardiac Amyloid (PYP)       Meckels         Gallium       Parathyroid         Gastric Emptying       Renal         Gated Heart Pool Scan       DMSA         Hepatobiliary / HIDA       DTPA         Lung V/Q       Thyroid         Gatac Perfusion (SestaMIBI)       (Refer to back of request form for MBS Descriptors)         61345 - Specialist Referral - Ischaemia (Rest & Stress)         (post revascularisation)         61321 - Specialist Referral - Viability (Tc99m)         61325 - Specialist Referral - Viability (Tl201)         61329 - GP Referral - Ischaemia (Rest & Stress)	BMD/DEXA EXAMINATION REQUIRED:         Image: Series of Lass BMD         Date of last BMD         Image: Lass BMD (over 12 months ago)         Image: Lass BMD (over 2 years) >70 and no previous BMD (over 2 years) >70 and moderate to marked osteopenia T score <-1.5			
CLINICAL NOTES	REFERRER DETAILS			
	Provider No:			
	Address:			
	Copy to:			
	Phone: Fax:			
	Signature: Date:			
Could the patient be pregnant?  Yes No Is patient diabetic? Yes No	Your doctor has recommended you use San Radiology and Nuclear Medicine. You may choose another provider but please discuss this with your doctor first. PLEASE TICK TO OPT OUT OF PRINTED IMAGES All images are available online			

Appointments & Enquiries 02 9480 9850

**Fax** 02 9480 9845



# **PATIENT INFORMATION**

#### (procedure time in brackets)

Please note that some examinations require preparation. Please enquire when making your appointment.

\*Note if you are DIABETIC please inform our team at the time of making

# **MY APPOINTMENT DETAILS**

#### Appt Date: 1 1 Appt Time:

Renal:

Note: your appointment as modified preparation instructions may apply. Cardiovascular\*: Gastrointestinal\*: Gall bladder scan (HIDA or biliary scan) (2-3hrs) • Exercise/persantin/dobutamine sestamibi heart scan (4-5hrs) fast 4hrs, may drink water

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- 4 hours fast, may drink water (unless diabetic\*)
- 24hrs prior: No tea, coffee, chocolate, cola
- comfortable clothes & footwear
- If OK by referring doctor:
- 48hrs prior: No persantin, asasantin, theophylline
- Gated heart pool scan no prep (1hr)

#### Lung:

- V/Q (lung scan)(1hr) no prep
- Gallium scan (for inflammation)(2hrs) no prep
- Bring prior imaging Xrays, CT, MRI, ultrasound

# Bone/Joint Scan:

- No prep (4hrs) Bring prior imaging - Xrays, CT, MRI, ultrasound
- Lymphoscintigraphy:

be required\*) Inflammation/Infection:

 No prep (3hrs) • Bring prior imaging – Xrays, CT, MRI, ultrasound

• Bring prior imaging - Xrays, CT, MRI, ultrasound

Liver/spleen scan (1.5hrs) - no prep

Meckel's scan (1hr) - fast 4hrs

• Gallium scan (2hrs) - no prep

• Liver blood pool scan (3-4hrs) - no prep

Gastric emptying (4.5hrs) - fast 4 hrs

Bring prior imaging - Xrays, CT, MRI, ultrasound

(if you are diabetic a different preparation may

- DTPA Renal Scan (+/- Lasix) (1hr) Well hydrated. If an adult, drink 500ml water over 2 hours before test
- Omit diuretics on day of study
- DMSA Renal Scan (3-4 hrs) Well hydrated
- Bring prior imaging Xrays, CT, MRI, ultrasound

#### Endocrine:

- Thyroid scan (technetium) (1hr) no prep
- Parathyroid scan (sestamibi) (3-4hrs) no prep
- Bring prior imaging Xrays, CT, MRI, ultrasound

#### **BMD/DEXA (Bone Mineral Densitometry):**

Present to San Radiology Level 3 – no prep (½hr)

# **REFERRER REFERENCE TABLE FOR CARDIAC NUCLEAR MEDICINE**

MBS Item Number	Referrer Group	Descriptor Summary (Link to front of Request Form)	Detailed Descriptor in Medicare Benefits Schedule
61321	Specialist	Specialist Referral - Viability (Tc99m) once every 2 years	Rest Only (Tc99m) for assessment of extent and severity of viable and non-viable myocardium
61325	Specialist	Specialist Referral - Viability (TI201) once every 2 years	Rest Only (TI201) for assessment of extent and severity of viable and non-viable myocardium
61324	Specialist	Specialist Referral - Ischaemia (Stress Only) once every 2 years	Stress Only, ischaemic symptoms that a stress echocardiography is unlikely to provide adequate information due to body habitus/other physical condition, or inability to exercise or has had an assessment of undue exertional dwyspnoea of uncertain aetiology
61345	Specialist	Specialist Referral - Ischaemia (Rest & Stress) once every 2 years	Rest and Stress, ischaemic symptoms that a stress echocardiography is unlikely to provide adequate information due to body habitus/other physical condition, or failed stress echo, or inability to exercise or has had an assessment of undue exertional dyspnoea of uncertain aetiology
61349	Specialist	Specialist Referral - Ischaemia (Rest & Stress) (post revascularisation) once per year	Repeat Rest and Stress, when had prior imaging in last 24 months and a revascularisation procedure and has ischaemic symptoms that a stress echocardiography is unlikely to provide adequate information due to body habitus/other physical condition, or failed stress echo or inability to exercise or has had an assessment of undue exertional dyspnoea of uncertain aetiology
61329	GP	GP Referral - Ischaemia (Rest & Stress) once every 2 years	Rest and Stress, ischaemic symptoms that a stress echocardiography is unlikely to provide adequate information due to body habitus/other physical condition, or failed stress echo, or inability to exercise or has had an assessment of undue exertional dyspnoea of uncertain aetiology
61357	GP	GP Referral - Ischaemia (Stress Only) once every 2 years	Stress Only, ischaemic symptoms that a stress echocardiography is unlikely to provide adequate information due to body habitus/other physical condition, or inability to exercise or has had an assessment of undue exertional dyspnoea of uncertain aetiology

For a quicker check in, please email, fax or scan the QR code to send this request ahead of your appointment. Please bring this request and any relevant previous imaging with other providers to your appointment.

# **HOW TO FIND US**

# San Radiology:

Enter the Hospital entrance at the traffic lights on Fox Valley Road (Entry 1). Park in 💽

# Nuclear Medicine:

Enter the Hospital entrance at the traffic lights on Fox Valley Road (Entry 1). Park in  $\mathbf{P}_2$ 



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