

# PROSTATE PET SCAN

## PATIENT INSTRUCTIONS

Name: \_\_\_\_\_

Referrer: \_\_\_\_\_

Appt Date: \_\_\_\_\_

Appt Time: \_\_\_\_\_

### Exam Preparation:

- **Drink plenty of water only** for hydration (at least 500ml prior to arrival) and you may eat and drink normally prior to appointment
- Regular medications are to be taken as usual
- Please wear warm, loose fitting clothes and remove all metal and jewellery
- Please keep warm and refrain from strenuous exercise for 24hrs prior to your examination
- Please bring your referral, any relevant previous imaging (CT, MRI, PET/CT, U/S) and Medicare card to your appointment
- You may bring something to read/use during the 'uptake' phase of the examination, such as a book, tablet, smart phone
- We will telephone you to confirm your appointment one (1) business day prior. Please ensure we have your correct contact details, and you reply to any voicemail messages left.

### Examination Details:

- The duration of the examination is approximately 2.5 – 3.5 hours
- A cannula will be inserted into a vein of your arm
- You will be instructed to remain in a room for 1-1.5hr during which time a technologist will inject the radioactive isotope
- Following this, you will be taken to the scanning room for your scan that will take approximately 30mins
- Typically a diagnostic CT will also be performed while you are on the scanner which commonly has a contrast injection
- Please note, we ask patient to keep their distance from staff to avoid unnecessary radiation exposure and you will be asked to sit on the toilet while using the bathroom to avoid spillage.
- A report will be available to your referring doctor 24 – 48 hours following the completion of your examination

Upon arrival for your appointment, please follow signs to Tulloch Building, Suite 216, Level 2 and present to The Robert & Jeanne Szeto PET-CT Centre.

Please Note: Due to the complex nature of the examination and same day production of isotopes unforeseen delays or cancellations can occur. It is therefore very important that all instructions are followed to help prevent such circumstances

**Should you have any questions please contact  
San Nuclear Medicine and PET CT on 9480 9840**